

Market Street church of Christ

514 West Market Street P.O. Box 388 Athens, Alabama 35612 Phone (256) 232-1525

Schedule of Services

Sunday	
Bible Classes	9:45 a.m.
Morning Worship	10:30 a.m.
Evening Worship	5:00 p.m.
Wednesday	
Bible Classes	7:00 p.m.

Elders

Marty R. Adams	(256) 503-8843
Tommy Coblentz	
Jerry McGlocklin	
Kenneth Smith	(256) 777-6737

Deacons

Joel Hamm	(256) 278-1977
Danny Holt	(256) 206-2746
Larry Mitchell	
Marcus Morris	
Russ Wulfekuhl	

Evangelist

David A. Cox.....(256) 233-8910 Cell: (256) 614-3757

Visit Us On The Web

MarketStreet-church.com

MARKET STREET MESSENGER

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David A. Cox, Editor

Volume XII March 29, 2020 No. 13

Coping with Loneliness

David A. Cox

The recent pandemic of COVID-19 has brought on significant changes in the way Americans live their lives. The Center for Disease Control has made several recommendations to try to slow the spreading of the virus. One of the recommendations is social distancing. It is this recommendation that has led many of the activities that we are so accustomed to doing, for example, the suspension of church services. Hearing about the social distancing that is being recommended, it reminded me of an article I had recently read about loneliness. The article said that "loneliness and social isolation can be as damaging to health as smoking 15 cigarettes a day." Indeed, loneliness can be a problem even in the society we live in with all the contacts on social media, the numerous activities that one may be involved in. It has been described as "crowded loneliness." Loneliness is often brought on in times of transition, separation, and rejection. Let's focus on how to cope with loneliness.

God created man for relationships. In Genesis 2:18, we read where God states, "It is not good for man to be alone." At this point, God created the family relationship with a husband, wife, and then children to come from that relationship. This began the process of filling the world with people that would result in relationships as we have them in our lives today.

The church is a relationship. As the scriptures describe the church, it is described as a family of God, brothers, and sisters in Christ. The brothers and sisters in the family of God care, share, and nurture one another. As life deals us sorrow and joy, there are our brothers and sisters to rejoice with us or to weep with us. The New Testament from the Sermon on the Mount through the epistles instructs us about our conduct in relationships. Notice a few of the many verses from the New Testament.

- "Whatever you want men to do to you, do also unto them" (Matthew 7:12).
- "Now the multitude of those who believed were of one heart and one soul; neither did anyone say that any of the things he possessed was his own, but they had all things in common" (Acts 4:32).
- Bear one another's burdens, and so fulfill the law of Christ" (Galatians 6:2).

- "Therefore, as we have opportunity, let us do good to all, especially to those who are of the household of faith" (Galatians 6:10).
- "Let each of you look out not only for his own interests, but also for the interests of others" (Philippians 2:4).

Love one another. Within our relationships, there is something that must be present, and when it is, the verses noticed above will be readily followed. We must "love one another fervently with a pure heart" (1 Peter 1:22). Love is described as the "litmus test" for discipleship, and it will be evident even in times of hardship and adversity. How do I show my love? Put to practice the instructions of Paul in 1 Corinthians 13:

"Love suffers long and is kind; love does not envy; love does not parade itself, is not puffed up; does not behave rudely; does not seek its own, is not provoked, thinks no evil; does not rejoice in iniquity, but rejoices in the truth; bears all things, believes all things, hopes all things, endures all things, love never fails" (vs. 4-8).

Love never fails, it can always be counted on. So, love causes us to focus on others, and for others to focus on us. Love is reciprocal; it will meet itself coming and going, there will be no time for loneliness.

Pray for one another. When we find ourselves alone, let us remember that we are not really alone. God is always with us, "for He Himself has said, 'I will never leave you nor forsake you" (Hebrews 13:5). God wants us to talk to Him, "casting all your care upon Him, for He cares for you" (1 Peter 5:7). We need to pray to God for the world and the troubles in it, for our nation, state, and community. Pray for our family at Market Street. We need to remember those that are sick, those unable to get out, for every member of our family that supplies to us the very things that we need from them.

There will be moments when we feel lonely. But we must remember that God has designed for us a relationship here on earth and a spiritual relationship that we are never really alone. Take time to think about those relationships and those that can be helped by you in some way. A phone call, a card, a visit, or whatever you can do. Talk to God and let Him help you.

Remember Our Facebook Study

Wednesday Evening at 7:00 p.m. Market Street Private Group Page April 1st — 1 Corinthians 14

Those of His Own Household

Russ Bowman

In any contest, a failure to fully appreciate the opponent can be devastating. If we do not properly measure an adversary — his strengths, his tactics, his thinking, his weaponry, his assets — then we can never be fully prepared to defend against nor successfully attack him. Such is true in athletic endeavors, in literal warfare, in games of skill and strategy. And it isalso true in our spiritual battle.

It occurs to me that we tend to underrate Satan. He is often reduced in our world to some kind of caricature — an outlandish, grotesque cartoon figure with red skin, pointed features, forked tongue, horns, tail, and pitchfork. In such terms, he becomes ludicrous to us, and thus not someone to be feared. We dismiss his strength, his cleverness, his strategy, and his tactics. He almost becomes a joke — a minor annoyance upon which to blame our frustrations and failures. "Old Scratch" is out to get us, and when he does, we laugh it off as if it were little more than a bee sting or a mosquito bite. Such thinking is dangerous.

The Bible always presents Satan as powerful. Isaiah 53:12 portrays him as "the strong one" with whom the Messiah divides the spoils of human souls. In 1 Peter 5:8 he is portrayed as a "roaring lion." Those are not images to be lightly dismissed. Moreover, he is more than once described as clever (2 Corinthians 2:11; Ephesians 6:11) and we are naive if we do not appreciate his time-tested tactics for tempting us. It behooves us to be aware, to take note, to appreciate the ways that Satan attacks us. He does not walk up to us wearing a t-shirt that boldly pronounces "I am Satan and I'm here for your soul." Instead, he approaches by means that often take us by surprise, or play upon our affections and emotions in ways that tempt us to either overtly sin, or at least lose our confidence in our God. One such strategy that he has employed successfully again and again is the use of other people.

Jesus warned the apostles in Matthew 10:34-39 that discipleship would involve difficult sacrifices because "a man's foes will be those of his own household" (v.36). Nothing — or perhaps more accurately no one — can tempt us to sin/faithlessness like those whom we love.

And Satan is really, really good at using our affection for others to test our faith. He used Eve against Adam, Job's wife and friends against him, Sarah against Abram, Jacob's sons against Joseph, Delilah against Samson, Absalom against David, Solomon's wives against Solomon, Jezebel against Ahab, Simon Peter against Christ, John Mark against Paul, etc. It's hard to stand up and stand against those that we love when it comes to right and wrong, service and sacrifice. Time and again people sacrifice their soul on the altar of relationships. We defend our loved ones in their sin. We maintain fellowship with old friends even when they defy God's Word. We change our convictions to support family in their ungodliness. We give lip service to the words of Jesus— "He who loves father or mother more than Me is not worthy of Me. And he who loves son or daughter more than Me is not worthy of Me" (Matthew 10:36-37). But when Satan enlists those same people to oppose us in our faith, it is often the case that we side with the enemy. Yes, the enemy.

Part of "identifying the enemy" is identifying those whom the enemy uses. Be it "principalities, powers, rulers of the darkness of this age, spiritual hosts of wickedness in the heavenly places" (Ephesians 6:12), or be it my family and friends, anything or anyone Satan uses to try and turn me against my God is the enemy. And the sooner we recognize that, the more effective we will be in our defense against him, and in our victory over him.

~via The Folsom View; Folsom, California.



(Sunday through Wednesday)

Schedule of Services

Sunday 9:45 a.m; 10:30 a.m. & 5:00 p.m. Monday through Wednesday – 7:00 p.m.

Gerry Sandusky, Speaking

MARKET STREET CHURCH OF CHRIST

514 WEST MARKET STREET ATHENS, ALABAMA

News & otes...

THE SICK:

Gina Werka Barbara Carter Dale Adcock Delmer Carter Steve Usery Ragan Hamm JoAnn Gilbert Arvid McGuire Helen Blankenship Bobbie Adcock Doris Lovell Loretta Warner Alvis McLemore Yvonne Strickland Ann Bush Lloyd Adams

Joyce Tucker

Those Undergoing Treatments or Chronic Illness:

Freddie Mae Elmore Donna Wright Nikki Ogles Anita Wheeler Lona Jackson Janice Cagle Judy Vaughn Ella Melvin Jeanette Weir Cornelia Pepper Wayne Wooldridge Cindy Walker Kenneth Fisher Al Pollard Charles Burns David Collier Phillip Harwell Una King Currier Matt Poff Gene Carpenter Carrie Warner Kevin Belue

In The Hospital/Rehabilitation:

Marion Pepper; Madison Hospital; ICU - No visitors Jessica Bost; Huntsville Hospital – Norman Hamm; Millenium - Huntsville

Athens Health & Rehabilitation:

Mildred Lambert, rm. Mattie Murray, rm. 2
Valeria Dalton, rm. 7
Connie Brock, rm. 62
Brenda Wilson, rm. 77
Christine Hudson, rm. 77

Evelyn Hogan, rm. 36

Limestone Health Facility:

Mot Beasley, rm. 117 Bettye Harrison, rm. 59 Virginia Meyer, rm. 64 Alice Roberson, rm. 49

Shut-In or Away From Home:

Elease Barksdale, Limestone Lodge Deanie Britton, Limestone Lodge Frances Bowers, Limestone Manor

Gwen Bullock, at granddaughter's in Huntsville Mary Ruth Gardner, at Merrill Gardens, Madison

Irene Inman, at home Stan Stanford, at home

William Thomas, Madison Manor, Madison

Kathleen Wales, Limestone Manor

Updates:

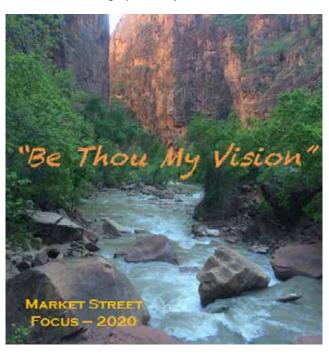
Joe Hinkle was injured in a grease fire last Saturday evening. He is at home recovering...Ragan Hamm has been sick with flu this week, but doing better ...Steve Usery knee surgery has been delayed until after the Coronavirus is past ...Betty Lovell is at home continuing her therapy and dialysis treatments...Maredith Parks is nearing her delivery date. The doctor is limiting her some due to her blood presssure.

OUT OFTOWN: *The Stiles: Chuck & Benita* are home this week for some doctors appointments... *Christian Usery* is in Long Beach, California with work.

SYMPATHY: We want to express our deepest sympathy to *Gayle Ball* and *Crutcher Trousdale* in the passing of their uncle, *Albert Johnson Trousdale*, this past Thuresday. He had battled the virus since March 6th. There will be no funeral, but remember all the family at this time.

TUESDAY MORNING LADIES' CLASS: Remember the *Ladies Bible Class* that meets on Tuesday mornings has been postponed for a couple of weeks.

THE CORONAVIRUS: The COVID-19, the Coronavirus, has continued to alter many things about our daily lives. I appreciate the way in which so many have continued to think about others and to focus on the way you may serve them. This is indeed a shining light in the world of panic we seem to be in. Due the coronavirus we will not be meeting Wednesday night. We will be on the Market Street Facebook Private Group on Wednesday evening. We will be studying 1 Corinthians 14 this week. Hope you can join us.



Men Privileged To Serve:

Sunday, March 29th:

Morning Worship
Announcements
Song Leader
Prayer
Preaching
Lord's Supper
Presiding
Assisting
Serving
Closing Prayer
Closing Trayer
Evening Worship
Announcements
Song Leader
Prayer
Preaching
Lord's Supper
Lord's Supper
Other Assignments for the week of March 29th:
Ushers Work Sound System
Work Sound System
Wednesday, April 1st:
Song Leader
Bible Reading
Hebrews 10:26-31
Prayer
Invitation
Closing Trayer
Sunday, April 5th:
Morning Worship
Announcements
Song Leader Albert Haraway
PrayerNathaniel Adams
Preaching
Lord's Supper
Presiding Harvey Nixon
Serving Roger Hammonds Harold Davis
Assisting
Closing Prayer Landon Adams
-
Evening Worship
AnnouncementsTommy Coblentz
Song LeaderLarry Holt
PrayerJoel Hamm
Preaching
Lord's Supper
Closing Prayer
Other Assignments for the week of April 5th:
Ushers Steve Usery/Christian Usery
Ushers

Work Sound System......Nathaniel Adams